

# SPORTS MEDICINE SPECIALIST

Sports Medicine is an emerging field in India. A Sports Medicine Specialist focuses on the health of sportspersons or anyone involved in low to high intensity physical activities.

## PERSONAL COMPETENCIES

- You have strong interest in sports and psychology
- You have excellent interpersonal and communication skills
- You are good at building trust and maintaining confidentiality
- You are willing to serve and help others



The approx. course fee ranges between **INR 20,000-1,60,000\*** for the full course

\*These figures are estimated numbers and will vary from Institute to Institute.

## SCHOLARSHIPS

• **National Scholarship Portal** - Visit [www.scholarships.gov.in](http://www.scholarships.gov.in). Under this portal there are Central Government schemes offered by different departments, UGC/AICTE Schemes and State Schemes\*

• Visit [www.buddy4study.com](http://www.buddy4study.com) for details on available scholarships. This is a gateway to scholarships starting from Class XI\*

• Scholarships are also available in the Institutes based on merit\*

\*(Availability of these scholarships can vary from time to time)

## LOANS

• VidyaLakshmi, [www.vidyalakshmi.co.in](http://www.vidyalakshmi.co.in), is a portal for students seeking education loan. This portal has been developed under the guidance of the Department of Financial Services, (Ministry of Finance), Department of Higher Education (Ministry of Human Resource Development) and Indian Banks Association (IBA).

• Some states have student credit cards with low interest rates, for instance, West Bengal, Odisha, Bihar, etc.

• All banks give education loans.



## ENTRY PATHWAY

1. Complete 10+2 in the Science stream (Physics, Chemistry and Biology)
  2. Complete Bachelor's degree (M.B.B.S.) in Sports Medicine
- OR
- Complete Bachelor's degree, followed by an M.D. in Sports Medicine
- OR
- Pursue a PGDM in Sports Medicine
- For admissions, you must qualify All India Sports Medicine Post Graduate entrance test or NEET-PG National Eligibility cum Entrance Test for Post-Graduation.

*Please check the duration of the course during enrolment*



## EXPECTED INCOME

*\*The figures are indicative & subject to change*

The approx. salary of a Sports Medicine Specialist ranges between **INR 80,000 - 5,00,000\*** per month.

Source: [https://www.payscale.com/research/IN/Job=Physician\\_%2F\\_Doctor%2C\\_Sports\\_Medicine/Salary](https://www.payscale.com/research/IN/Job=Physician_%2F_Doctor%2C_Sports_Medicine/Salary)

## WHERE WILL YOU WORK?

**Places of Work:** Hospitals, Medical clinics, Rehabilitation centres, College and universities, and Professional sports organizations.

**Work Environment:** You are likely to work with a particular athletic team or a university sports team or a fitness club. You are also likely to work in a team, as you may need to consult with the trainers and coaches. If you are working with a team, their work hours will determine your work hour. If you are part of a university team or fitness club then you are likely to work 5 to 6 days a week and 8 to 9 hours a day.

*Opportunities for work exist for differently abled in this field*

## EXPECTED GROWTH PATH

Intern → Junior Physician → Physician, General → Senior Physician, General → Head of the Department → Medical Director/Superintendent

Search keywords...



*sports medicine physician, consultant sports medicine, sports medicine doctor*

## WHERE WILL YOU STUDY?

**The course is offered by the Department of Science.**

This list of institutes is indicative only

### GOVERNMENT INSTITUTES

1. Armed Forces Medical College, Pune
2. Pt. Bhagwat Dayal Sharma Post Graduate Institute of Medical Sciences, Rohtak
3. Vardhman Mahavir Medical College, New Delhi
4. Regional Institute of Medical Sciences, Imphal
5. Aryabhatta Knowledge University, Patna
6. Guru Nanak Dev University, Punjab
7. All India Institute of Medical Sciences Rishikesh
8. Baba Farid University of Health Sciences, Faridkot

### PRIVATE INSTITUTES

(Please check if the institute is affiliated and accredited with UGC and MCI before applying)

1. Sri Ramachandra Medical College and Research Institute, Chennai
2. Hamdard Institute of Medical Sciences and Research, New Delhi
3. Manipal College of Health Professions, Manipal
4. Chettinad Hospital and Research Institute, Kelambakkam, Coimbatore
5. AWH Special College, Calicut
6. Amity Institute of Physiotherapy, Noida
7. Career Point University, Kota
8. Chitkara School of Health Sciences, Jhansla, Punjab

Information on the institute rankings can be found at - <https://www.nirfindia.org/2022/ranking.html>

## EXAMPLE FROM THE FIELD

**Lt Gen SA Cruze**, VSM, is considered to be one of the pioneers in Sports Medicine in India. He was instrumental in the establishment of state-of-the-art sports medicine and human performance evaluation lab for the Army's Sports Medical Centre and in setting up similar labs for the Sports Authority of India (SAI). For his service to sports in the country, he was awarded the Shiv Chhatrapati Award by the Maharashtra Government and the Krida Bhushan Award by Symbiosis International University.\*

Source: <https://indianexpress.com/article/cities/pune/lt-gen-s-a-cruze-an-early-pioneer-of-sports-medicine-in-india-dies-8016001/>

*\*The above information is for training purposes only and will not be used for any commercial gains*