

PSYCHOLOGICAL COUNSELLOR /COUNSELLING PSYCHOLOGIST

Psychological Counsellors help people deal with problems and make difficult decisions in various aspects of their lives. It requires a deep understanding of personality, cognition (how we think and make decisions), and communication. They work with clients of all ages. They may focus on behavioral/emotional problems in children and families, education, work and career issues, old age concerns, or improving productivity and personnel performance in organizations.

PERSONAL COMPETENCIES

- You like to help others
- You are comfortable in communicating with others
- You pay attention to details while working
- You like to analyse problems/ situations



The approx. course fee ranges between **INR 14,000 - 4,50,000*** for the full course

**These figures are estimated numbers and will vary from Institute to Institute.*

SCHOLARSHIPS

• National Scholarship Portal - Visit www.scholarships.gov.in. Under this portal there are Central Government schemes, UGC/AICTE Schemes and Assam Government Schemes offered by different departments*

• Visit www.buddy4study.com for details on available scholarships. This is a gateway to scholarships starting from Class XI*

• Scholarships are also available in the Institutes based on merit*

**(Availability of these scholarships can vary from time to time)*

LOANS

• VidyaLakshmi, www.vidyalakshmi.co.in, is a portal for students seeking education loan. This portal has been developed under the guidance of the Department of Financial Services, (Ministry of Finance), Department of Higher Education (Ministry of Human Resource Development) and Indian Banks Association (IBA).

• Some states have student credit cards with low interest rates, for instance, West Bengal, Odisha, Bihar, etc.

• All banks give education loans.



ENTRY PATHWAY

1. Complete 10+2 in the Science stream (Physics, Chemistry, Biology)
2. Complete a Bachelor's degree (B.Sc/B.A.) in Psychology or Applied Psychology
OR
Complete a Bachelor's degree followed by a Master's degree in Counselling Psychology
OR
Complete a Bachelor's degree, followed by a Master's degree and a Ph.D. in Applied Psychology/Psychology

Please check the duration of the course during enrolment



EXPECTED INCOME

**These figures are taken from NCS and are indicative and subject to change*

The approx. salary of a Psychological Counsellor ranges between **INR 20,000 - 40,000*** per month.

Source - <https://bit.ly/3ZDrgHC>



WHERE WILL YOU WORK?

Places of Work: Hospitals, Universities, Organizations, Counselling Centres among others.

Entrepreneurship: You can start your own clinic.

Work Environment: The working conditions can depend on whether or not you work in a research-oriented career or a more applied profession. If you work in more applied profession, you will likely spend more one-on-one time with clients.

Opportunities for work exist for differently abled in this field

EXPECTED GROWTH PATH

Intern → Psychologist Assistant → Psychologist → Private Practice or Head of Psychology Department

Search keywords...



psychologist, psychopathologist, child psychologist

WHERE WILL YOU STUDY?

The course is offered by the Department Of Psychology or Applied Psychology. This list of institutes is indicative only.

GOVERNMENT INSTITUTES

1. Dibrugarh Univeristy, Dibrugarh
2. JMI, New Delhi
3. GGSIPU, Delhi
4. Assam Women's University, Jorhat
5. BHU, Varanasi
6. Savitribai Phule Pune University, Pune
7. Presidency College, Chennai
8. BRAOU, Hyderabad

**NPTEL - National Programme in Technology Enhanced Learning. It is by the Government of India and offers a variety of courses in an audio - video form*

PRIVATE INSTITUTES

(Please check if Institute is affiliated and accredited with UGC and MCI before applying)

1. Assam Down Town University, Guwahati
2. Christ University, Bangalore
3. Presidency College, Chennai
4. Keshav Mahavidyalaya, New Delhi
5. Ashoka University, Sonapat
6. DAV College - [DAVC], Chandigarh
7. St. Xavier's College, Mumbai
8. Fergusson College, Pune

Information on Institute rankings is available at - <https://www.nirfindia.org/2022/Ranking.html>

DISTANCE LEARNING INSTITUTE

Indira Gandhi National Open University (IGNOU)

ONLINE COURSES

- NPTEL* Swayam - https://onlinecourses.swayam2.ac.in/cec22_hs29/preview
- Udemy - <https://www.udemy.com/topic/counseling/>

EXAMPLE FROM THE FIELD

Dr Jhuma Basak is a psychoanalyst, who studied MA in Jadavpur University and then did her PhD in Psychology from Japan. She is a member of the International Psychoanalytical Association, London. Dr. Basak is a Training Analyst, and member of the Council of the Indian Psychoanalytical Society. She is also the Assistant Secretary of the Indian Psychoanalytical Society.*

Source - crystal minds.in/consultants/dr-jhuma-basak/

**The above information is for training purposes only and will not be used for any commercial gains*