

# PHYSIOTHERAPIST

Physiotherapists are professionals who treat injury and help restore movement and function affected by the injury. Physiotherapists apply various techniques and methods such as massage and exercise and help patients manage pain, balance, mobility, and motor function.

## PERSONAL COMPETENCIES

- You display physical fitness
- You are a good listener
- You are good at solving problems
- You have critical thinking ability



The approx. course fee ranges between **INR 10,000-5,00,000\*** for the full course

*\*These figures are estimated numbers and will vary from Institute to Institute.*

## SCHOLARSHIPS

• National Scholarship Portal - Visit [www.scholarships.gov.in](http://www.scholarships.gov.in). Under this portal there are Central Government schemes, UGC/AICTE Schemes and Assam Government Schemes offered by different departments\*

• Visit [www.buddy4study.com](http://www.buddy4study.com) for details on available scholarships. This is a gateway to scholarships starting from Class XI\*

• Scholarships are also available in the Institutes based on merit\*

*\*(Availability of these scholarships can vary from time to time)*

## LOANS

• VidyaLakshmi, [www.vidyalakshmi.co.in](http://www.vidyalakshmi.co.in), is a portal for students seeking education loan. This portal has been developed under the guidance of the Department of Financial Services, (Ministry of Finance), Department of Higher Education (Ministry of Finance), Department of Human Resource Development) and Indian Banks Association (IBA).

• Some states have student credit cards with low interest rates, for instance, West Bengal, Odisha, Bihar, etc.

• All banks give education loans.



## ENTRY PATHWAY

1. Complete 10+2 in the Science stream (Physics, Chemistry and Biology)

2. Pursue a Bachelor's degree (BPT) in Physiotherapy

**OR**

Complete Bachelor's degree followed by a Master's degree (MPT) in the same domain

**OR**

Pursue a Diploma in Physiotherapy (DPT)

For admission into the UG course, you would have to appear for the NEET exam and for admission to the DPT course, there are many national and state-level entrance exams.

*Please check the duration of the course during enrolment*



## EXPECTED INCOME

*\*These figures taken from NCS and are indicative and subject to change*

The approx. salary of a Physiotherapist ranges between **INR 7,000-50,000\*** per month

Source: [bit.ly/3ITFxdb](https://bit.ly/3ITFxdb)



## WHERE WILL YOU WORK?

**Places of Work:** Hospitals, nursing homes, self-employed, medical colleges, sports teams and complexes, community health centres, rehabilitation centres, fitness centres, defence establishments

**Work Environment:** It is not a desk job and does not require travelling. Part-time work and contractual jobs are available. Shift system available. Hospitals/clinics usually work for 6 to 7 days a week and 8 to 9 hours everyday. This may vary from hospital to hospital

*Opportunities for work exist for differently abled in this field*

### EXPECTED GROWTH PATH

Intern → Physiotherapist → Senior Physiotherapist → Head of Physiotherapy Department → Medical Director/Superintendent

Search keywords...



*physiotherapist, rehabilitation specialist, physical therapist*

## WHERE WILL YOU STUDY?

The course is offered by the Department of Physiotherapy. This list of institutes is indicative only.

### GOVERNMENT INSTITUTES

1. Srimanta Sankaradeva University of Health Sciences, Guwahati
2. Assam Women's University, Jorhat
3. Assam Medical College, Dibrugarh
4. Science College, Kokrajhar
5. Indira Gandhi Technological and Medical Sciences University, Lower Subansiri, Arunachal Pradesh
6. IPGMER, Kolkata
7. Delhi University, New Delhi
8. Rajasthan University of Health Science, Jaipur

### PRIVATE INSTITUTES

(Please check if Institute is affiliated and accredited with UGC and MCI before applying)

1. College of Physiotherapy and Medical Sciences, Guwahati
2. Assam Down Town University, Guwahati
3. Kaziranga University - Jorhat
4. Royal Global University
5. Regional College of Paramedical Health Sciences Guwahati
6. University of Science and Technology, Ri-Bhoi
7. Tripura Institute of Paramedical Sciences, West Tripura
8. Christian Institute of Health Sciences and Research Dimapur

Information on Institute rankings is available at - <https://www.nirfindia.org/2022/Ranking.html>

### ONLINE COURSE

Udemy - <https://www.udemy.com/course/homephysiotherapy/>

### EXAMPLE FROM THE FIELD

**Dr. Masooma Ladiwala** - Mumbai based Award winning Celebrity Physiotherapist Dr. Masooma Ladiwala is an award winning Celebrity Therapist who believes there is no better feeling than helping people to live normal, healthy and pain-free lives. After completing her 12th in science, Masooma pursued her dream of becoming a physiotherapist from Manipal University, Manipal. Later, she started working at a rehab Centre In Udupi during her internship where she got good exposure in treating a variety of cases. After her internship and treatment of various cases, she came back to Mumbai to start her career.\*

Source: <https://www.timesmed.com/Doctor/Mumbai/dr-masooma-ladiwala-hassanali-pt-128162>

*\*The above information is for training purposes only and will not be used for any commercial gains*