

CLINICAL PSYCHOLOGIST

A Clinical Psychologist is a professional who provides clinical or counseling services, assesses and treats mental, emotional and behavioral disorders. They use the science of psychology to treat complex human problems to help people discover their strengths. Clinical psychologists are not doctors. They do not prescribe medications. For medical treatment, they work closely with a psychiatrist.

PERSONAL COMPETENCIES



- You are interested in how people think and behave
- You are able to relate to and empathise with different types of people
- You have good communication skills
- You like to solve problems



The approx. course fee ranges between **INR 10,000 - 2,00,000*** for the full course

**These figures are estimated numbers and will vary from Institute to Institute.*

SCHOLARSHIPS

• National Scholarship Portal - Visit www.scholarships.gov.in. Under this portal there are Central Government schemes, UGC/AICTE Schemes and Assam Government Schemes offered by different departments*

• Visit www.buddy4study.com for details on available scholarships. This is a gateway to scholarships starting from Class XI*

• Scholarships are also available in the Institutes based on merit*

**(Availability of these scholarships can vary from time to time)*

LOANS

• VidyaLakshmi, www.vidyalakshmi.co.in, is a portal for students seeking education loan. This portal has been developed under the guidance of the Department of Financial Services, (Ministry of Finance), Department of Higher Education (Ministry of Human Resource Development) and Indian Banks Association (IBA).

• Some states have student credit cards with low interest rates, for instance, West Bengal, Odisha, Bihar, etc.

• All banks give education loans.



ENTRY PATHWAY

1. Complete 10+2 in the Science stream (Physics, Chemistry, Biology)
 2. Complete a Bachelor's degree (B.Sc/B.A.) in Psychology/Applied Psychology
- OR**
- Complete a Bachelor's degree to pursue a Master's degree (M.Sc/M.A.) in Clinical Psychology
- OR**
- Pursue a 2 year Diploma course in Psychology.

For admissions, you can appear for entrance exams such as CUCET and university specific entrance exams like DUET, BHU UGET and so on

Please check the duration of the course during enrolment



EXPECTED INCOME

**These figures taken from NCS and are indicative and subject to change*

The approx. salary of a Clinical Psychologist ranges between **INR 20,000 - 25,000*** per month for a fresher

Source: bit.ly/3XntBVC

WHERE WILL YOU WORK?

Places of Work: Schools/colleges, non-Governmental organisations, Hospitals/Clinics, Corporates

Work Environment: It is not a desk job and as a Clinical Psychologist, you need not handle a team. Hospitals/Clinics usually work for 6 to 7 days a week and 8 to 9 hours everyday but this may vary from hospital to hospital. Shift system, part-time work and contractual jobs are available

Opportunities for work exist for differently abled in this field

EXPECTED GROWTH PATH

Intern → Junior Clinical Psychologist → Clinical Psychologist → Senior Clinical Psychologist → Head of Psychology Department

Search keywords...



psychologist, counsellor, psychiatrist

WHERE WILL YOU STUDY?

The course is offered by the Department of Psychology/Applied Psychology. This list of institutes is indicative only.

GOVERNMENT INSTITUTES

1. AIIMS, Delhi
2. Mizoram University, Aizawl
3. Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur
4. Cotton University, Guwahati
5. BHU, Varanasi
6. Savitribai Phule Pune University, Pune
7. BRAOU, Hyderabad
8. AMU, Aligarh

PRIVATE INSTITUTES

(Please check if Institute is affiliated and accredited with UGC or MCI before applying)

1. Assam Down Town University, Guwahati.
2. Christ University, Bangalore
3. Presidency College, Chennai
4. St. Xavier's College- Ahmedabad
5. Ashoka University, Sonapat
6. DAV College - [DAVC], Chandigarh
7. St. Xavier's College, Mumbai
8. Fergusson College, Pune

Information on Institute rankings is available at - <https://www.nirfindia.org/2022/Ranking.html>

DISTANCE LEARNING INSTITUTE

Indira Gandhi National Open University (IGNOU)

ONLINE COURSE

• Udemy - <https://www.udemy.com/course/introduction-to-abnormal-behavior-clinical-psychology/>

EXAMPLE FROM THE FIELD

Dr. Kamna Chibber – Dr. Chibber is the head of the Department of Mental Health and Behavioural Sciences. With an M.Phil in Clinical Psychology, she is a Cognitive Behaviour Therapist, with particular interest in relationships, trauma, abuse and the impact of personality related variables on mental health. Dr. Kamna Chhibber works extensively with schools, corporate organizations and NGOs and has a strong focus on generating awareness relating to mental health. Through her writing, blogs and media interactions, Dr. Chhibber is working towards the larger goals of inclusiveness, removal of stigma and busting of misconceptions relating to mental health.*

Source:

<https://www.fmri.in/doctors-profile/kamna-chhibber-best-psychologist-gurgaon>

**The above information is for training purposes only and will not be used for any commercial gains*