

## Value Education

Holistic Education for Productivity & Harmony

The state of Assam has initiated a long-term innovative project on Value Education-- Holistic Education for Productivity and Harmony (HEPAH) to be implemented from the academic session 2021 in a phased manner in the government schools of Assam.

The project mainly aims at bringing about a holistic development of children of Classes 1 to 10 through practice of a set of values and skills in an interactive skill-based learner friendly environment. The ten Core Values and Skills are:

1. Practice knowing oneself and his/ her emotions at an increased level
2. Reflect positive behaviour in maintaining health, hygiene and clean environment
3. Show positive empathetic behaviour when situations demand
4. Cope with and release stress in multiple ways
5. Understand the importance of maintaining relationships for a healthy bonding between individuals
6. Initiate communication and engage in collaborative and reflective practices
7. Develop habits that foster feelings of initiating, trust, care, gratitude, respect, friendliness, commitment, confidence, discipline, etc.
8. Focus learning to know and increase knowledge of subjects and technology
9. Think critically to be able to choose, decide, evaluate, resolve conflicts, guide oneself and others, etc.
10. Think innovatively and engage in productive work based on creativity

Handbooks for teachers supported by audio-video resources, puppets, cartoons, etc. will help in integrating the set of identified core values and skills into the existing curriculum, textbook transaction and assessment processes without increasing any academic burden.

According to NEP, 2020 teachers, teacher educators, writers and Resource persons of NCERT, New Delhi, Universities and other organizations have come together in the process of development of curricular guidelines, audio-video resources and other teaching-learning materials for different stages of school education.

Research work to be undertaken by all involved in their capacities and reflective practices are expected to bring about positive changes with the help of value based experiences suggested in the handbook and through the use of other resources.

### Pledges to be taken during Morning Assembly (A Few examples)

- We will always keep ourselves clean.
- We will wash our hands before taking food.
- We will keep food and drinking water covered.
- We will keep the surroundings of our home and school clean.
- We will always throw garbage in the bin and in the garbage pit.
- We will use mosquito nets when we sleep at night.
- We will not spit here and there.
- We will come to school clean. We will keep our school clean. We will be friendly with our friends and obey the rules and regulations of the school.
- This is our school. We will come to school every day. We will obey our teachers and elders.
- We are the future citizens of our country and we will try to retain the dignity of our country.
- We will respect our parents, teachers and elders.

## Annual Action Plan

For smoothly conducting different activities in an academic year, the school authority should compulsorily prepare an annual activity plan. Implementation of the activities should be followed by evaluation, grading and recording of the grades in the record book.

### Allotted time for non-instructional activities

| Task  | Allotted Time   |
|---|---|
| Morning Assembly  | 15 minutes everyday   |
| Gardening and Plantation  | 1 Period each month for every one and ½ an hour group work every day for nurturing the plants |
| Observation of Special Days   | 3 Periods (maximum)   |
| Cultural activities such as songs, dance, debate, essay writing, extempore speech, drama, quiz, recitation, creative writing etc. | 3 Periods (twice a Year) for each activity  |
| Annual Sports   | 6 days (The last day is to be observed as the prize distribution day)                         |
| Social Work   | 2 times a year for 3 periods  |
| Cub-bulbul/Scout & Guide related tasks  | 40 Periods in a Year  |
| Field Trip/Picnic/Educational trip  | 2 days or 10 Hours  |

## Importance of Supplementary Teaching

According to the notification No.1 NEW DELHI, FRIDAY, JANUARY 11, 2019/PAUSHA21, 1940 (SAKA) the Government of India revised the Articles 16 and Article 38 of the Right to Education Act, 2009 and implemented the Right to Education (Revised) Act, 2019.

The Govt. of Assam has mentioned that Annual examination to be held for class V and VIII as per the notification No. E-228812/27 dated 1st November, 2022 according to the revised RTE Act, 2019. If any student doesnot succeed in unable to perform the expected results in the above mentioned examination, then the school has to arrange for supplementary teaching for those students and provided them with the opportunity to reappear in the examination within two months.

Therefore, the teachers need to give attention to the learning progress of each student of each class since the beginning of the Academic year. Teachers should also arrange for supplementary teaching for the students who are in need of extra effort in their studies along with the regular teaching process. So that, each student is able to achieve all the expected learning outcomes.

## Model Daily Routine (Class I to Class VIII)

| Time | 8:00-8:15                         | 8:15-8:30                          | 8:30-8:45                          | 8:45-9:00                             | 9:00-9:15                            | 9:15-9:30                             | 9:30-9:45                                  | 9:45-10:00                          | 10:00-10:15                          | 10:15-10:30                           | 10:30-10:45                            | 10:45-11:00                           | 11:00-11:15                          | 11:15-11:30                           | 11:30-11:45                                | 11:45-12:00                         | 12:00-12:15                          | 12:15-12:30                           | 12:30-12:45                            | 12:45-1:00                            | 1:00-1:15                            | 1:15-1:30                             | 1:30-1:45                                  | 1:45-2:00                           | 2:00-2:15                            | 2:15-2:30                             | 2:30-2:45                              | 2:45-3:00                             |                                      |                                       |  |                                     |
|------|-----------------------------------|------------------------------------|------------------------------------|---------------------------------------|--------------------------------------|---------------------------------------|--|-------------------------------------|--------------------------------------|---------------------------------------|--|---------------------------------------|--------------------------------------|---------------------------------------|--|-------------------------------------|--------------------------------------|---------------------------------------|--|---------------------------------------|--------------------------------------|---------------------------------------|--|-------------------------------------|--------------------------------------|---------------------------------------|--|---------------------------------------|--------------------------------------|---------------------------------------|--|-------------------------------------|
| Mon  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |
| Tue  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |
| Wed  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |
| Thu  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |
| Fri  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |
| Sat  | Class I<br>English<br>Mathematics | Class II<br>English<br>Mathematics | Class III<br>Language-1<br>English | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Language-1<br>Mathematics | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 | Class I<br>Mathematics<br>Language-1 | Class II<br>Language-1<br>Mathematics | Class III<br>Mathematics<br>Language-1 | Class IV<br>Mathematics<br>Language-1 | Class V<br>Language-1<br>Mathematics | Class VI<br>Mathematics<br>Language-1 | Class VII<br>Mathematics<br>Social Science | Class VIII<br>English<br>Language-1 |

School will be over with the singing of "O Mor Aponar Desh" by the Children together

- The above time table is a suggestive one. Based on this, each school needs to prepare a timetable as per their convenience
- A weekly structure 4+1+1 will be followed for the grades I-V. This structure will include 4 (four) days of classroom transaction (Teaching-learning process, 1 (one) day of Assessment and 1 (one) day of remediation.
  - The weekly assessment (on the 5th day) will be held on the micro-computer transactions conducted during the teaching-learning process.
  - The weekly distribution of the curriculum for the grades VI to VIII will remain the same as before.
  - Teachers will take out time from the daily routine as per his/ her convenience to help children with special needs (CWSN) (A separate guideline for the above mentioned assessment system for the grades I - V will issued and supplied)

### Multi Grade Multi Level Teaching: (MGMLT)

In multi grade multi level teaching, the teacher will provide appropriate learning facilities to the students in the classroom to expedite them towards meaningful learning. The multi grade multi level teaching plays a vital role in enhancing the qualities like observation, exploration, questioning and expression of their individual ideas on different topics among the students.

The teacher will take necessary steps for multi grade multi level teaching in accordance with the overall environment of the school. In this regard, it is noteworthy to keep in mind the time-table reflected in the Academic Calendar for the current academic session.

### Bagless Days

All students from 6th to 8th grade should get opportunities to participate in co-curricular activities in school during the 10 bagless days in a year. They can be given the opportunity to gain work experience in the presence of skilled professionals such as art & craftsmen, gardeners, potters etc. Bagless days can also have activities including drawing, quizzes, sports, different vocational pursuits, visit to places of historical and cultural significance or higher education institutions etc. The school will select above 10 days as per their convenience.

### Management of School Library

It is a mandate to have a school library and a reading corner at every classroom. Reading materials at the reading corner and books at the library should be kept in such a way that students easily get access to it. The register should contain the names of the books in a serial manner. Formation of Library Management Committee to be formed and active involvement of the member to be ensured. According to the Govt. guidelines a teacher should be entrusted the responsibility of proper utilization of Library books.

Head Teacher and the Library in-charge teacher of every school have to ensure reading of Library books by every student. School management committee should made some provisions of awarding student who read the highest member of books. Group discussion among the students may be organised during library period on those books which were read by them. Students may ask to share their reading experience during the morning assembly. Competition on storytelling, story writing in mother tongue etc. sometimes may be organised. Parents, guardians, SMC, teacher can also be involved in such activities.

### Government guideline on reducing weight of school bag/materials/workbooks etc.

According to the guidelines issued by the Education Department, Govt. of Assam to the concerned departments of Education on reducing weight of School bags and other related materials effective from the Academic Year 2018-19:

- No homework for the students of class I & II.
- In class I & II only language, Mathematics and English are to be taught. No other subjects should be included.
- In class III, IV and V Environmental studies should be included.
- Violation of the guideline will lead to cancellation of the recognition of the schools.
- The maximum weight of the school bags should not cross the limit given in the following table.

| Sl No | Class   | Maximum weight (kg) |
|-------|---|---------------------|
| 1     | 1 <sup>st</sup> & 2 <sup>nd</sup>                     | 1.5 kg              |
| 2     | 3 <sup>rd</sup> , 4 <sup>th</sup> and 5 <sup>th</sup> | 2.3 kg              |
| 3     | 6 <sup>th</sup> , 7 <sup>th</sup> and 8 <sup>th</sup> | 4 kg                |
| 4     | 8 <sup>th</sup> and 9 <sup>th</sup>                   | 4.5 kg              |
| 5     | 10 <sup>th</sup>                                      | 5 kg                |

It is to be mentioned that the weight of the school bag from class I to X for the school of Assam is not more than the limit mentioned in the table.

It is noteworthy that in our state the weight of the school bags for these classes are comparatively less to the above mentioned limit of weight.

### Role and Responsibility of a teacher related to health and sanitation

- Classroom and school complex to be cleaned by different group of students.
- Determine who will monitor sanitation and health related activities timely.
- Toilets and source of drinking water must be kept clean as per instruction of teachers and School Management Committee.
- Fund received for development of School should also be spent to clean source of drinking water and to repair toilets.
- Regular monitoring of health related activities of students.

You can put forward your valuable suggestions/advise regarding the academic calendar through the e-mail ID given below  
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